

JEPSJunior Economists
Peer-reviewed Series

An Economic Evaluation of Life-Style
and Air-pollution-related Damages:
Results from the BRFSS*

Cinzia Di Novi[†]

JEPS Working Paper No. 07-001
<http://jeps.repec.org/papers/07-001.pdf>
January 2007

Abstract

This paper uses the Behavioral Risk Factor Surveillance System (2001) data in conjunctions with Environmental Protection Agency data to investigate on how individual health habits, air outdoor pollution and diseases combine to affect the likelihood of good health status and the amount of health investments. The environment is a second-best world characterized by uncertainty on the level of health, in which individuals are not able to avoid health shocks completely. Models are estimated using three different measures of overall health: a measure of self-assessed health and two health outcomes indicators (blood pressure and activity limitations due to health problems).

Keywords: Health production, multivariate probit, life-style, pollution, self-assessed health, health outcome

JEL: I12, C31, D13, D81, Q25

*The author wishes to thank U. Colombino, S. Dalmazzone, M. Ferrero, G. Nicodano, G. Turati, the participants of the 2007 AIES conference in Venice and two anonymous referees for helpful comments.

[†]University of Turin, Collegio Carlo Alberto, Moncalieri, Torino, Italy. University of Eastern Piedmont, Department of Public Policy and Public Choice - POLIS, Alessandria, Italy. E-mail: dinovi@econ.unito.it

1 Introduction

Air pollution is a major environmental problem affecting the developing and the developed countries alike. In particular, in recent decades there has been increasing concern about possible adverse effects of air pollution coming from motor vehicle emissions, not only to the environment but also to individual health. Motor vehicle emissions remains one of the principal sources of air pollutants, although many other sources have been found to contribute to the ever growing problem. Various studies by economists and epidemiologists have tried to understand the relationship between health and air pollution and other relevant factors: the effects of air pollution on health are very complex as there are many different pollutants and their individual effects vary from one to the other. Despite this, the World Health Organization (WHO) estimates that every year 800,000 people die prematurely from lung cancer, cardiovascular and respiratory diseases caused by outdoor pollution. Other adverse health effects include increased incidence of chronic bronchitis and acute respiratory illness, exacerbation of asthma and impairment of lung function.

In analyzing the relationship between air pollution and health, it is important to consider the influence of the individual's specific behavior too, since individual life-style is another crucial determinant of the risk of illness. Concerning the individual health and health behaviors, the economic literature has often relied on the assumption that individuals treat health as exogenous and has not recognized that they may undertake actions that increase or reduce health risks. Only in the last thirty years the health economics literature, following Grossman's (1972) seminal paper, has recognized health as an outcome of a production process which involves medical care and depends on several factors including individual behaviors.

Grossman (1972) interprets a person's health as a capital stock that exogenously deteriorates at an increasing rate with age. To counteract this health deterioration, he assumes that individuals invest a portion of their assets into health production each period. Hence, the level of health of an individual may be not totally exogenous but it can depend, at least in part, on the resources allocated to its production like medical care, time and a healthy life-style.

The demand for health model by Grossman has become a cornerstone in the field of health economics. The model, however, is not undisputed. A key criticism has been that it fails to take into account the uncertainty of the future health status and the uncertainty of investments in health production. By investing in health, individuals do not determine with certainty their health status –environment and chance are two factors which may interfere – but rather they influence it quite substantially. Grossman's model, however, does not account for uncertainty as it includes neither explicit acknowledgment of uncertainty nor the descrip-

tion of illness, even though the fundamental relationship between health and uncertainty has been established by economic theory (Arrow, 1963). Subsequent contributions analyze individual health behavior when health status is uncertain and governed by a stochastic process (Cropper 1977, Dardanoni and Wagstaff, 1991, Selden, 1993, Zweifel and Breyer, 1997).

In fact, the probability of having good health is influenced by choosing one's life-style, thus making better and worse health states more or less probable, and by using medical advice, pharmaceuticals, hospital treatment, etc. in order to restore good health. Although one's current health status certainly provides some information about the likelihood of future health outcomes, the risk of getting a disease may also depend on other factors such as pollution exposure, smoking history, which are more or less independent of one's observable health state¹.

In the next section I focus on how individual health habits, air outdoor quality and the presence of a pathological condition combine to affect the likelihood of a good or bad health status, in a second-best world characterized by uncertainty on the level of health in which an individual is not able to avoid adverse health shocks completely. The framework is built on the basic concepts and ideas of the demand for health by Grossman (1972) and on the Cropper (1981) model that extends Grossman's model to incorporate pollution. The main differences here are that the level of health is uncertain and illness enters directly the rate of health depreciation.

Three different measures of overall health are used: dichotomous measures of blood pressure and functional limitations and disability are employed; moreover we take, as an indicator for health, a self-assessed health measure that is common in empirical research (Contoyannis and Jones, 2004, Balia and Jones, 2004 etc.).

A multivariate approach is used to estimate recursive systems of equations for self-assessed health, health disability, blood pressure and life-styles. Data are based on the Behavioral Risk Factor Surveillance System that does not measure environmental quality; environmental information at metropolitan area-level is available from EPA and can be used in conjunction with BRFSS data to compare measures of environmental quality and health.

The paper is laid out as follows: section 2 introduces a model of health production. Section 3 describes the data and the variables for the analysis. Section 4 presents the estimation strategies and the econometric results. Section 5 concludes with a discussion.

¹For instance, a frustrating feature of many types of cancer is that they do not produce symptoms that would prompt someone to see a doctor until they are advanced beyond the stage at which they can be easily treated (Carbone et al., 2005).

2 A Model of Health Production

Assume that in an economy each individual is endowed with a stock of health capital H_t that evolves according to:

$$\Delta H_{t+1} = H_{t+1} - H_t = f(P, \Lambda, E, t) - \vartheta_{t-1} \Delta D_t - \delta_t H_t - \vartheta_t \quad (1)$$

where $\delta_t \in (0, 1)$ is the natural rate at which health deteriorates. ϑ_t is a random shock. We assume that the shock could be any injury which causes a reduction in the current state of health. Moreover, we assume that ϑ_t can take a value of zero when the shock does not occur and a positive value $\vartheta_t > 0$ when it does occur. The transition probability of having a shock next period is assumed to be inversely related to the stock of health. Then, the size of health is important since it affects the probability for an individual of enjoying good or bad health. Individuals can affect the probability of bad or good health next period by “investing” or “disinvesting” in health.

For an individual who has not suffered from a health shock in the past ($\vartheta_{t-1} = 0$) the investments/disinvestments in health are captured by a household production function $f(P, \Lambda, E, t)$, where P is preventive medical cares such as regular exams, screening tests designed to catch a disease before it has the chance to spread or immunization such as flu shot vaccine. E is the exogenous education level that is assumed to affect the productivity of producing health². Λ indicates the individuals behavior. We distinguish between healthy and unhealthy behavior. A proxy for healthy behavior consists, for instance, in a healthy diet (fruits and vegetables consumption etc.) or in sport activities practice, while a proxy for unhealthy behavior includes consumption of hazardous goods like alcohol consumption

²Based on the theory of the demand for health (Grossman, 1972), we expect that schooling plays an important role in influencing the productivity of health inputs: individuals who choose higher levels of schooling are observed to be healthier than those choosing lower level of schooling. One explanation of this empirical regularity is that education increases the productivity of producing health i.e. more health can be produced for the same inputs (Gerdtham et al., 1999, Berger and Leigh, 1989). Schooling helps people choose healthier life-styles by improving their knowledge of the relationship between health behaviors and health outcomes. (Kenkel, 1991). A more educated person may have more knowledge about the harmful effects of cigarette smoking, pollution exposition, alcohol consumption or about what constitutes an appropriate, healthy diet. Furthermore, schooling increases information about the importance of having regular exams or screening tests to prevent an illness or at least to minimize disease.

Grossman and Kaestner (1997) present an overview of studies on the relation between education and health. This survey shows that higher educated people are less likely to smoke, exercise more and are more likely to participate in screening programs for breast cancer and cervix cancer. They discuss three broad explanations of the relationship between education and health. The first is that education improves health, the second that education and health are related through their relationship to a third variable, and the third explanation for why education and health are related is that health causes education: we do not consider the issues of reverse causation in this paper. We will assume that a higher education affects the individual health status by leading people to choose healthier behaviours.

or cigarettes smoking. $f(P, \Lambda, E, t)$ is increasing in preventive medical care, in education and it can increase or fall in individual behavior Λ . In particular $f(P, \Lambda, E, t)$ is increasing in a healthy behavior and decreases if individuals disinvest in their health by consuming, for instance, hazardous goods. It follows that while a healthy lifestyle increases the stock of health capital, actions detrimental to health such as cigarette smoking and excessive alcohol consumption lower the stock of health capital.

If a health shock has occurred in the past ($\vartheta_{t-1} > 0$) the stock of illness D_t will affect directly the health accumulation. The stock of illness is characterized by the following law of motion:

$$\Delta D_t = D_t - D_{t-1} = g(R, E, \Lambda, t) - \alpha D_{t-1} \quad (2)$$

where $\alpha \in (0, 1)$ is the natural rate of depreciation of illness stock caused by the antibody activities.

If an adverse shock affects the stock of health, individuals can operate to reduce illness: illness is decreasing in recuperative medical care R , in education and in healthy behavior, while it increases because of adverse behavior. This concept is captured by a household production function $g(R, E, \Lambda, t)$.

We assume that an increase in the stock of disease $\Delta D_t > 0$ will gradually reduce health by increasing the probability of health shock in next period while a decrease in the stock of illness will decrease the probability of encountering a shock in the future. Reduced illness, from a steady state level, through curative medical care and reduction in hazardous goods consumption can be considered an investment in health.

As we can note the marginal products of curative medical care and of a healthier behavior increase with the size of the shock, which can be considered a measure of the severity of illness. In terms of health it means that the larger is the shock the more severe is the illness and the more dangerous is, for instance, to consume goods like alcohol or tobacco.

In order to introduce the impacts of the environment, our analysis takes changes in environmental conditions to influence the rate at which an individual's stock of health depreciates. Following Grossman (1972) and subsequent contribution by Cropper (1981) we assume that health depreciates over time and with the ambient air pollution. However, we partly modify Cropper's (1981) assumption allowing the stock of illness to enter the rate of depreciation. In particular we assume that:

$$\delta_t = h\delta_0 (1 + \bar{\delta})^t \Psi_t^\phi + (1 - h)\delta_0 (1 + \bar{\delta})^t \Psi_t^\phi D_t^\gamma \quad (3)$$

where h is an indicator function which takes value 1 if $\vartheta_{t-1} = 0$ and value zero if $\vartheta_{t-1} > 0$.

Illness increases the health depreciation rate; to counteract this deterioration, individuals can invest a portion of their assets into healthy behavior or in curative medical care in order to reduce the stock of illness and restore the initial rate of depreciation.

Ψ is the air pollution concentration to which an individual is exposed. Pollution enters directly the rate of decay and physically alters the state of a person's health.

As in the Cropper (1981) model when pollution increases, it becomes more costly to reduce the probability of a shock. Individuals feel less healthy because they perceive δ to be higher. Hence, they may choose to invest less in their health and maintain lower health stock because of the higher net investment costs. In this sense, a higher pollution concentration may have two effects on health: a direct effect which consists in an increase of δ and an indirect effect, described by Cropper (1981), by which individuals will invest less in health and display a higher probability of suffering from health shocks.

Cropper, however, has not deeply studied this aspect in her paper. We will analyze in the section 4 the relationship between pollution and life-style variables and we will examine if chronic illnesses, by altering the rate to which health capital stock deteriorates, have any influence on the individuals' health investment decisions.

3 Data and Variables

To analyze how individual life-style, pollution and health shocks combine to affect the likelihood of a good health status and the amount of investment in health we will use data that are based on the Behavioral Risk Factor Surveillance System Survey³. The BRFSS is the world's largest cross-sectional telephone survey conducted every year from 1984 by health state departments in collaboration with the Centers for Disease Control and Prevention. Fifteen states participated in the first survey in 1984. The number of participating states grew to thirty-three in 1987, to forty-five in 1990 and to all fifty-one States (including the District of Columbia) in 1996.

Data on preventive health practices and risk behaviors were collected from a random sample of adults (18 years of age or older) living in households through monthly telephone survey⁴. It contains rather detailed information about health status, diseases, life-style,

³Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention (2001).

⁴We have to take into account that the BRFSS is a survey of private households and it may be prone to selection bias in terms of assessing health and its interaction with behavioural indicators, as those individual with severe or chronic health problems and disabilities are "more likely to be in a hospital, or otherwise unavailable for interview". (Cox et. al., 1987, Cropper, 1981).

education and other individual characteristics. It is designed to monitor the prevalence of the major behavioral risks among adults (tobacco use, alcohol consumption etc.) associated with chronic diseases, and premature mortality.

Pollutants in the environment have been linked to chronic diseases such as cancer, asthma, and cardiovascular health problems too. Although the BRFSS does not directly measure environmental quality (e.g.air pollution, community-wide pesticide spraying), environmental information at the metropolitan area-level is available from EPA and can be used in conjunction with BRFSS data to compare measures of environmental quality and health.

After correcting for missing values, the sample was reduced to 4,913 individuals.

3.1 Health and Life-Style Variables

The model is estimated using three different measures of overall health: a measure of blood pressure, a measure of disability and a self-assessed health measure. Berger and Leigh (1989), in analyzing the relationship between school and good health, introduce blood pressure as a dependent variable representing overall health. Many pollutants produce harmful effects on the blood and the coronary system and may be one of the cause of cardiovascular diseases. Since blood pressure is the most important predictor of cardiovascular disease, which is the greatest killer in the U.S., we expect that high blood pressure is related to air pollution. Following Berger and Leigh we create a binary variable (BLOODPRESSURE) that takes value one if respondents report that they suffer from high blood pressure and zero otherwise. We include, as a measure of health, a binary variable (AC_LIMIT) that takes value one if respondents has limited in any activities because of health problems and zero otherwise. This variable is traditionally used by the economists to represent the presence of work preventing or limiting disabilities due to health problems. Moreover, following Contoyannis and Jones (2004) we take, as an indicator for health, the self- assessed health (SAH) that is a five category variable rating from poor to excellent. We construct a binary indicator with the value one if an individual reports that her health is excellent, very good or good, and zero otherwise (fair or poor).

Following U.Schneider and S. Schneider (2006) we distinguish between health outcome and self-assessed health. Health outcomes such as high blood pressure and disabilities are objective measures of health⁵, which are themselves influenced by the health behavior and that are also proxies for pathological conditions. Self-assessed health measures the individ-

⁵In the BRFSS survey the objective measures of health are self-reported too. Then they may be subject to measurement errors.

ual's perception of her health capital stock. It is a function of health outcome and health behavior.

The endogenous behavioral variables employed are those which cover as much as possible the life-style categories used by Belloc and Breslow (1972) epidemiological studies of around 7000 individuals conducted in Alameda County, California, the so called "Alameda Seven". These seven categories are: diet, smoking, alcohol, physical exercise, sleep, weight (for height) and stress to which we add preventive medical care. Weight (for height) is included using an indicator related to the body mass index (BMI). BMI can be considered as a measure of obesity⁶ and is defined as weight in kilograms divided by height in meters squared (Kg/m^2). According to the World Health Organization (WHO) persons with $BMI \geq 30Kg/m^2$ are classified as obese. We do not include sleep among the life-style variables because of the lack of a reasonable proxy in the BRFSS data set.

As measure of diet, we use a binary variable (DIET) that takes value one if respondent consumes fruits and vegetables at least once per day and zero otherwise.

To measure smoking behavior we also employ a binary variable (SMOKE) that takes value one if respondent is everyday smoker or someday smoker and zero if she is former smoker or non-smoker. Again we employ a binary variable (ALCOHOL) which is equal to one if an individual is at risk for heavy drinking and zero if she is not. This categorization is gender specific: drinking is defined heavy if it is greater than two drinks per day for men and one per day for women.

To measure the exercise habit we employ again a binary variable (EXERCISE) which equals one if an individual participates in any level of leisure time exercise or physical activity in the thirty days before the interview (other than as part of a regular job) and zero otherwise.

The variable that we use to measure (the presence of) obesity is based on BMI. This variable (OBESE) takes the value one if respondent is at risk for overweight, or obese (BMI equal or greater than 25.0000) and it takes value zero if respondents are not at risk (BMI less than 25.0000).

Stress was also recognized as behavioral variable which affects health in the Alameda study. STRESS takes value one if during the thirty days before the interview respondent's mental health (which includes stress and depression) was not good, 0 otherwise.

To measure preventive medical care utilization we include again a dummy variable (FLUSHOT) which takes value one if an individual had a flu shot in the year before the interview and takes value zero otherwise. We do not include a proxy of recuperative medical care because of the lack of good proxy in the data set.

⁶Obesity is considered a risk factor for several diseases. It is often associated with aspects of an individual's life-style such as insufficient exercise and inappropriate diet or nutrition. Those who are obese are expected to have poorer health.

TABLE 2 shows a simple descriptive analysis, which presents sample means and standard deviations for the variables used in the models. It is worth noting that the sample (that comprises 42 per cent men and 58 per cent women) is made up of individuals whose behaviors are mostly healthy: only 27 per cent of individuals are current smokers, only 4.5 per cent of individuals consume drinks heavily and only 28 per cent of them suffer from stress; while 97 per cent of them follow a healthy diet and 77 per cent devote time to physical activity.

3.2 Other Characteristics

The exogenous variables in the model can be grouped into categories which are listed, together with the life-style variables, in TABLE 1. As can be seen from the table, we consider the following categories: health coverage (including HMO⁷ plans), prior health in order to capture health status at the beginning of the observation period, education, marital status⁸, employment status, race, physical characteristics, household composition, air pollution.

Arguably the principal source of air pollutants worldwide is motor vehicle emissions, although many other sources have been found to contribute to the ever growing problem. The most important standard relating to motor vehicles pollution is for carbon monoxide. CO air concentrations are generally high in areas with heavy traffic congestion then we can consider carbon monoxide as a proxy for vehicle emissions (U.S., EPA 2000). Carbon monoxide is a colorless, odorless and tasteless gas that is a product of the incomplete combustion of carbonaceous material used as fuels for transportation. The major health concerns associated with exposure to CO are its strong tie with the hemoglobin molecule, forming carboxyhemoglobin (COHb). COHb impairs the oxygen-carrying capacity of the blood, this can impact on the brain, nervous tissue, heart muscle and other tissues that require large amounts of oxygen to function. The most susceptible to the health effects of ambient air exposure to CO include those with ischemic heart disease and other form of cardiovascular disease. Since carbon monoxide remains one of the major air pollutant of concern, we will use, as proxy of air pollution, the daily maximum level of carbon monoxide air quality index⁹ (AQI). The AQI is an index for reporting daily air quality based on levels of the criteria pollutants¹⁰.

⁷A health maintenance organization (HMO) is a type of managed care plan that provides health coverage in the United States to its members through a network of doctors, hospitals, and health care providers. HMOs are popular alternatives to traditional health care plans offered by insurance companies because they can cover a wide variety of services, usually at a significantly lower cost.

⁸In the past decade many empirical findings have documented a potential health benefit of marriage: married people (including those who cohabit) appear to be healthier and to have a longer life expectancy than the non-married. Some of the most convincing evidence is consistent with the marriage protection hypothesis, which assumes that "...married individuals engage in low-risk activities, share resources and enjoy caring from each other..." (Hu, Wolfe, 2002)

⁹Additional information on the AQI is available at <http://airnow.gov/>.

¹⁰Under the federal Clean Air Act, EPA has identified six major air pollutants that have adverse effects

The AQI scale runs from 0 to 500. It is categorized into the following six groups: 0-50 = Good; 51-100 = Moderate; 101-150 = Unhealthy for Sensitive Groups; 151-200 = Unhealthy; 201-300 = Very Unhealthy; 301-500 = Hazardous.

4 Estimation Strategies and Results

4.1 Multivariate Estimation

The theoretical model describes the relationship between health status, life style and pollution variables. An important question is whether life-style follows from health status or if health status follows from life-style. In the theoretical model we have assumed that not only individuals' behaviors may impact health status but that health status in turn, by influencing the health rate of depreciation, may impact the health investment decisions. Then, from a methodological point of view, it should be noted that the perceived health and the health outcome equations are structural equations since the health behavior inputs may be endogenous. Efficient and consistent estimation of the parameters in the health equations requires a model that takes account of the nature of the variables used. The potential simultaneity, which can arise with the inclusion of life-style variables as regressors, can be corrected by using a recursive multivariate probit model (Contoyannis and Jones, 2004, Blaylock and Blisard, 1992) The multivariate probit model with endogenous dummies belongs to the general class of simultaneous equation models. The recursive structure builds on reduced form equations for the potentially endogenous dummies and structural form equations. Following Balia and Jones (2004) the multivariate probit model can be described by the following equations system:

$$\begin{aligned} y_{il}^* &= \gamma'_m W_{ih} + \beta'_m Z_{ij} + \varepsilon_{il} \\ y_{id}^* &= \delta'_d Y_{il} + \beta'_d Z_{ij} + \varepsilon_{id} \end{aligned} \tag{4}$$

$$d = 1, 2$$

$$l = 1, \dots, 7, \quad i = 1, \dots, n$$

$$j = 1, \dots, J, \quad h = 1, \dots, H$$

where $Y_{il} = \{y_{i1}, \dots, y_{i7}\}$ is a vector of seven life-styles, $W_{ih} = \{w_{ih1}, \dots, w_{ihH}\}$ and $Z_{ij} = \{z_{ij1}, \dots, z_{ijJ}\}$ are vectors of exogenous variables. For life-style latent dependent variables we assume that

on public health and the environment called "criteria air pollutants": ozone(O₃), carbon monoxide(CO), nitrogen dioxide(NO₂), sulfur dioxide(SO₂), particulate matter(PM), and lead(Pb).

$$y_{il} = \begin{cases} 1 & \text{if } y_{il}^* > 0 \\ 0 & \text{otherwise} \end{cases} \quad (5)$$

ε_i are the error terms distributed as multivariate normal, each with a mean zero and a variance covariance matrix Σ . Σ has values of 1 on the leading diagonal and correlations $\rho_{jk} = \rho_{kj}$ as off-diagonal elements.

In the above setting, the exogeneity condition is stated in terms of the correlation coefficient, which can be interpreted as the correlation between the unobservable explanatory variables of the different equations.

All the equations in (4) can be estimated separately as single probit models only in the case of independent error terms ε_i i.e. the coefficient ρ_{jk} is not significantly different from zero. If the error terms ε_i are independent we can deal with the above model as independent equations (Maddala, 1983).

Following U.Schneider and B.Schneider (2006), we identify three classes of dependent variables: the individual health behavior, the health outcomes and third the self-assessed health. The seven equations for the health behavior variables are modeled as reduced-form equations. The health outcome equations are structural equations with the health behavior variables as explanatory factors. Last, in the self-assessed health equation health behavior and health outcomes are included as regressors. Then, we estimate two systems of seven reduced-form and two structural equations. One of the structural equations is always represented by the SAH equation and the others by one of the two different health outcomes: blood pressure and disability. This allows us to observe if there exists a dual relationship between SAH and the other objective measures of health.

Estimation of a recursive multivariate probit model requires some considerations for the identification of the model parameters. Maddala (1983) proposes that at least one of the reduced-form exogenous variables is not included in the structural equations as explanatory variables. Following Maddala's approach we impose exclusion restrictions. For the reduced form, we use marital status¹¹ and employment status variables assuming that they have only an indirect effect on health through the life-style variables. In addition, we exclude from the self-assessed health and the health outcome equations the variables that indicate the number of adults and children living in the household which are considered to influence to a certain extent individual's preferences and decisions about health. Moreover, for the outcome

¹¹To balance statistical fit of the model we use the Bayesian information criterion proposed by Schwarz (1978). This criterion suggests the exclusion of the variables that describe marital status from the health outcomes and the SAH equation. Kenkel (1995), Contoyannis and Jones (2004), Balia and Jones (2004) exclude marital status from the health and the death equation claiming that marital status influence only indirectly the probability of good or bad health and the probability of death, through the life-style habits: smoke, alcohol, diet etc.

equations, the variables physical pain and chronic symptoms are excluded to avoid causality problems with the dependent variables.

The reference individual in the model is female, married and employed. She is aged eighteen years old or more and she has attended high school or is high school graduated.

The estimation of a multivariate probit is carried out using the Stata software which applies the method of Simulated Maximum Likelihood estimation. Stata provides the statistic $z = \hat{\rho}/S_{\hat{\rho}}$ to test the hypothesis $H_0 : \rho = 0$. If the error terms are independent, the Maximum Simulated Likelihood estimation is equivalent to the separate Maximum Likelihood probit estimation.

4.1.1 SAH and Activity Limitations Equations

The first two columns of TABLE 3a show partial effects for the structural SAH and activity limitations equations estimated in the full recursive model, using the multivariate probit specification.

Starting from the life-style variables we can observe that in the health outcome equation (ac_limit equation) smoking behavior has the expected significant positive effects on activity limitations as well as stress and obesity, while diet variable and alcohol consumption do not contribute to explain the probability of suffering from disability. In the SAH equation, with exception of the variables alcohol and diet, all life-style variables are statistically significant too. Their partial effects on health lead to the conclusion that unhealthy habits decrease the probability of enjoying good health. Immunization is statistically significant only in the SAH equation with a negative partial effect. One of the possible reasons for the ambiguous sign is that health status and immunization, in this cross section study, are observed at the same point in time, so the utilization of flu shot vaccine may be the result, rather than the cause of poor health. In fact, it is more plausible that an individual with poor health status will receive preventive medical care and immunization by seeing a physician on a regular basis that will encourage him to have preventive test or vaccinations. Then, when interviewed, those who had flu shot display a higher probability of suffering because of bad health. Moreover, the model predicts that the probability of bad health status increases with age and for individuals who faced health problems in the thirty days and in the year before the interview. On the other hand age affects positively the probability of having a healthier life-style.

Vehicular air pollution presents a direct negative impact on the probability of enjoying good health but it has not the expected negative indirect effect on health investment. From the data it comes out that people react to a higher natural health depreciation rate, due

to increasing pollution concentration, by investing in their health. For most healthy people the symptoms of air pollution exposure usually go away as soon as the air quality improves. However, certain groups of people are more sensitive to the effects of air pollution than others. People with heart or lung disease also react more severely to polluted air. During times of heavy pollution, their condition may worsen to the point that they must limit their activities or even seek additional medical care. Probably, people, in particular frailer individuals, lead a healthy life-style to increase their health stock to reduce the air pollution symptoms and future damages.

Schooling is positively related to perceived health: a higher degree of education increases the probability of feeling well but it has no significant impact on the probability of suffering from health impairment. Schooling affects health behavior too. There is a clear indication of the allocative effects of schooling, since schooling is related to the life-style variables in a health promoting way: attending a college school, or having a college school degree affects positively exercise and the probability of following an healthy diet. A higher degree of education has a negative impact on cigarettes and alcohol consumption and on the obesity risk.

Marital status has a large impact on the life-style variables. In particular, marriage seems to influence positively healthy habits while being divorced, separated, never married, or an unmarried couple has positive impact on smoke and on alcohol consumption and in general on bad habits.

People in the labor force show a higher probability of enjoying good health and a higher probability of following better health behavior, while those who are involuntarily unemployed exhibit adverse health activities: they smoke more and suffer stress more often than people who are in the labor market. Retired individuals, indeed, follow healthier behaviors.

Referring to the household composition variables we can observe that the presence of children less than eighteen years old has is negatively correlated to cigarettes and alcohol consumption. An increasing number of men in a household is negatively correlated to the healthy habits: it increases the probability of people choosing to drink heavily and the probability of being overweight or obese but has a positive impact on exercise.

Last, health insurance increases the probability of good health perception. It has a significant impact on the individual behavior: it decreases the probability of smoking and of following an unhealthy diet it reduces the probability of being stressed and it encourages the use of preventive care.

TABLE 5 shows the estimated statistically significant correlation coefficients between the disturbance of the nine equations system. The null of exogeneity is rejected in seventeen

cases¹². As we can note there exists a statistically significant correlation between the disturbance of the health impairment equation and the equation for smoke, diet, exercise and stress. Then, unobservable that increase the likelihood of bad health, increase the probability of doing physical exercise and the probability of following a correct diet with fruits and vegetable, while it decreases the probability of smoking and of being stressed.

The negative coefficients concerning smoke and stress and the positive correlation coefficients on exercise and diet show that individuals with poor health tend to adopt healthier behaviors with respect to individuals with better health who tend to adopt an unhealthy behavior. Moreover, there exists a positive correlation between SAH equation disturbance and the disturbance of smoke equation that is consistent with the above results.

4.1.2 SAH and Blood Pressure Equations

TABLE 4a-4b present the results for the system in which perceived health is measured again by SAH and health outcome is measured by another important indicator of overall health that is blood pressure. Starting with the endogenous variables, regular exercise has the expected significant positive effect on the probability of feeling well, while it has a negative but not significant impact on the probability of suffering from high blood pressure. Smoking behavior and alcohol consumption decrease the probability of perceiving good health. Smoke does not influence the likelihood of suffering from high blood pressure, while alcohol has a positive significant effect on this health condition. This result seems surprising since blood pressure is often related not only to the adverse health effects of alcohol but also of smoking behavior: the nicotine in cigarettes and other tobacco products causes blood vessels to constrict and heart to beat faster, which temporarily raises blood pressure. It is well known that quitting smoking can significantly lower the risk of heart disease and heart attack, as well as help lower blood pressure. Obesity and stress variables show a significant negative effect on SAH and increase the likelihood of suffering from high blood pressure. In this model, as the previous one, flu shot variable shows a negative coefficient on SAH and a positive coefficient on blood pressure but the coefficients are not statistically significant.

The probability of perceiving bad health increases with pollution. Again pollution has a positive impact on the health investments: a higher pollution concentration decreases the probability of smoking, of being obese and of suffering because of stress or mental problems. Moreover, if outdoor pollution increases individuals will spent more time doing physical

¹²The statistically significant correlation coefficients suggest that the null hypothesis of nine univariate probit model or the hypothesis of independence across the error terms of the nine latent equations, can be rejected, and multivariate probit model is a better model for the observed data.

exercise and will consume more preventive medical care. Then, this model confirms that an increasing level of ambient air pollution will have negative direct effect on the likelihood of good health but it will have a positive impact on healthy behavior.

The effect of schooling on health is similar across the two health models: those with more schooling are observed to display a higher probability of perceiving good health but a higher degree of education has no significant impact on blood pressure. This model also shows that a higher degree of education helps individuals to choose healthier life-style: more schooling increases the probability of vigorous physical activities and increases the probability of following an healthy diet. On the other hand it has a negative influence on the probability of consuming hazardous goods and of being obese.

Referring to predisposing variables, the probability of enjoying good health decreases with age due to higher health depreciation rate and to higher morbidity risks. On the other hand age has a positive impact on healthy habits. Being white relative to other race is associated with a greater probability of perceiving good health and a lower probability of suffering from high blood pressure. Being female has not significant effect on SAH and blood pressure outcome.

Concerning the other estimated coefficients we find similar results to the SAH- activity limitations model: being married and being in the labor force leads to more healthy habits. Young children is negatively correlated the probability of hazardous goods consumption whereas the presence of man is positively correlated to it. Men have a positive influence on the probability of doing regular exercise but also a positive influence on the probability of being obese or overweight and a negative impact on having immunization. TABLE 6 shows the statistically significant estimated correlation coefficients between blood pressure, SAH and life-style variable equations. A positive and a negative significant correlation exists respectively between the SAH equation disturbance and the disturbance of the equation for smoke and diet: some unobservable that increases the likelihood of perceiving good health increases the probability of consuming cigarettes while unobservable that increases the probability of feeling well decreases the likelihood of a healthy diet. The negative correlation coefficient concerning diet and the positive correlation coefficient between SAH and smoke disturbances show that people who enjoy good health tend to behave in an unhealthy way and to invest less in their health than frailer people. This result is consistent with the findings of the previous model. We can conclude that individuals with poor health status try to counteract to the greater deterioration of their health, due to a higher health depreciation rate, by behaving in a healthier way, encouraged by the fact that the marginal product of their investment in health will be higher the more the illness or the pathological condition is severe.

5 Conclusions

The paper develops and applies a Grossman-style health production model set up in discrete time to explain how environmental pollution, life-style, and chronic conditions combine to affect the health capital stock and health investment decisions. The quality of the environment turns out to affect both health capital and health investments. According to our results a higher concentration of carbon monoxide has respectively a negative impact on the probability of enjoying good health and a positive influence on healthy habits. Then, concerning vehicular air pollution our results do not support the Cropper's (1981) model: people living in polluted areas tend to invest more in health probably to counteract to the deterioration of a higher depreciation rate due to an increasing pollution. Arguably, people lead a healthy life-style to increase their health stock and build up resistance against pollution symptoms and future damages.

What may at first seem surprising is that the partial effect of CO on health is relatively small. However, in estimating the relationship between vehicular pollution and health, we have not considered that pollution exposure may be endogenously determined: people with high preferences for clean air may choose to live in areas with better air quality and far from areas in which vehicular traffic is more intense. On the other hand households can respond to an increasing level of outdoor pollution, for instance, by avoiding exposure or mitigating the effects of the exposure once they occur (Cropper and Oates, 1992). If people respond to a higher pollution concentration by increasing the avoidance behavior or by mitigating the effects, for instance, through curative care to the point that health actually improves, not controlling for this aspect may yield estimates that are lower bounds of the true effect (Neidell, 2004).

Suffering from a pathological condition affects both health stock and health investments. We can conclude that individuals with poor health status, react to the greater deterioration, due to a higher health depreciation rate, by behaving in a healthier way. The investments are encouraged by the fact that the marginal product of their investments will be higher the more illness is severe.

The theoretical and the empirical results support the idea that life-style, as measured by smoking, alcohol consumption, dietary habits, physical activity, prevention, obesity and stress, is one of the driving factors for good health. Healthier habits are associated to a higher probability of enjoying good health in both SAH-activity limitations and SAH- blood pressure model.

Schooling represents a fundamental factor in determining the individual health too: the empirical results show that more educated individuals are significantly less likely to report a

perceived bad health status. Moreover, education has a heavy impact on the health behaviors: more educated individuals are often informed about the long-term consequences of smoking, of lack of exercise or of a bad nutrition. Hence, schooling helps people to choose a healthier lifestyle by improving their knowledge of the relationship between health behaviors and health outcomes. Then, additional education through education programs would have positive effects on the overall health of the population.

Another important factor that the above models predict is that family structure has a great importance for individual behavior: those married are found to have healthier lifestyles than singles or divorced. Married men and women are less likely to have drinking problems, are less likely to smoke and develop mental problems. These results are consistent with the marriage protection hypothesis that states that the actual process of living with a spouse confers benefits to both partners; the married state involves environmental, social, and psychological factors that make it a healthier state than an unmarried one.

References

- [1] A.Alberini, M.Cropper, T.Fu, A.Krupnick, J.Liu, W.Harrington (1997), "Valuing Health Effects of Air Pollution in developing Countries: The Case of Taiwan", *Journal of Environmental Economics and Management*, 34:107-126.
- [2] J.Arkes (2003), "Does Schooling Improve Adult Health?" *Rand Health*, DRU-3051.
- [3] S Balia, A.M.Jones, (2004), "Mortality, Lifestyle and Socio-Economic Status". Working Paper CRENoS from Centre for North South Economic Research University of Cagliari and Sassari
- [4] N.B. Belloc , L.Breslow (1972), "Relationship of Physical Health Status and Health Practices". *Preventive Medicine*, 1:409-421.
- [5] M.Berger, J.P.Leigh, (1989), "Schooling,Self-Selection, and Health". *Journal of Human Resources*, 24,433-455
- [6] J.R. Blaylock, W.N. Blisard(1992), "Self-evaluated health status and smoking behaviour".*Applied Economics*,24: 429–435.
- [7] K. Bolin, B. Lindgren (2002), "Asthma and Allergy: the Significance of Chronic Conditions for Individual Health Behavior" *Allergy*, 57: 115–122
- [8] L.Cappellari S. P Jenkins,(2003), "Multivariate Probit Regression Using Simulated Maximum Likelihood". *The Stata Journal*, 3,278-294.
- [9] J.Carbone, S.Kverndokk, O.J. Røgeberg, (2005), "Smoking, Health, Risk, and Perception", *Journal of Health Economics*, 24:631-653
- [10] K.Y.Chay, M.Greenstone (1999), "The Impact of Air Pollution on Infant Mortality: Evidence from Geographic Variation in Pollution Shocks Induced by a Recession" ,NBER Working Papers Series, Working Paper No.7442.
- [11] S.Chib, E.Greenberg (1998), "Analysis of Multivariate Probit Models", *Biometrika*, 85:347-361.
- [12] S.Y.Chou, M.Grossman, H.Saffer (2003) "An Economic Analysis of Adult Obesity: Results from the Behavioral Risk Factor Surveillance System", *Journal of Health Economics*, 23:565-587.

- [13] P.Contoyannis, A. M Jones, (2004), Socio-Economic Status, Health and Lifestyle. *Journal of Health Economics*, 23:965-995
- [14] C.S.Cox , S.T.Rothwell, J.H. Madans, et al. (1987), Plan and operation of the NHANES I Epidemiologic Followup Study. Hyattsville, MD: National Center for Health Statistics, (Vital and Health Statistics, Series 1: Programs and Collection Procedures, No. 27) (DHHS publication no.(PHS) 92-1303).
- [15] M.L. Cropper (1977), "Health, Investment in Health and Occupational Choice", *Journal of Political Economy*, 85:1273-1294.
- [16] M.L. Cropper (1981), "Measuring the Benefits from Reduced Morbidity", *The American Economic Review*, 71:235-240.
- [17] M.L. Cropper, A. M. Freeman III (1991), "Valuing Environmental health Effects," in *Measuring the Demand for Environmental Quality*, J.B. Braden and C. D. Kolstad, (Editors) Amsterdam, The Netherlands: Elsevier.
- [18] M.L. Cropper, W.E. Oates (1992), "Environmental Economics: A Survey", *Journal of Economic Literature*, 30: 675-740
- [19] V.Dardanoni, A. Wagstaff (1990), "Uncertainty and the Demand for Medical Care", *Journal of Health Economics*, 9: 23-38.
- [20] H.Dume, S.K.Weiland,U.Keil (1998), "Epidemiological Analysesof the Relationship between Environmental Pollution and Asthma", *Toxicology Letters*,102-103, 307-316.
- [21] A. Ericsson (1997), "The Importance of Lifestyle to Self-Assessed Health", *Health Policy*, 42: 145-155.
- [22] J. Gardner, A.Oswald (2004), "How is Mortality Affect by Money, Marriage, and Stress", *Journal of Health Economics*, 23:1181-1207.
- [23] U.G. Gerdtham, M.Johannesson (1997), "New Estimates of the Demand for Health: Results Based on a Categorical Health Measure and Swedish Micro Data". Working Paper Series in Economics and Finance No.205, Stockholm School of Economics, Stockholm, Sweden.
- [24] U.G. Gerdtham, M.Johannesson, L.Lundberg, D.Isacson, (1999), "A Note on Validating Wagstaff and Van Doorslaer's Health Measure in the Analysis of Inequalities in Health". *Journal of Health Economics*;18:117-124.

- [25] S. Gerking, R. Stanley (1986), "An Economic Analysis of Air Pollution and Health: The Case of St. Louis", *the Review of Economics and Statistics*, 68:115-121.
- [26] R.D. Gibbons, J.V. Lavigne (1998), "Emergence of Childhood Psychiatric Disorders: A Multivariate Probit Analysis", *Statistics in Medicine*, 17:2487-2499.
- [27] S.F. Gohmann (2005), "Preventive Care and Insurance Coverage". *Contemporary Economic Policy*, 23:513-528.
- [28] M. Grossman, (1972), "On the Concept of Health Capital and the Demand for Health", *Journal of Political Economy*, 80: 223-255.
- [29] M. Grossman, R. Kaestner, (1997), 'Effects of Education on Health', in Behrman and Stacey eds., *The Social Benefits of Education*, University of Michigan Press.
- [30] M. Grossman (2003), "Household Production and Health". *Review of Economics of the Household*, 1:331-342.
- [31] M. Forster (2001), "The Meaning of Death: Some Simulations of a Model of Healthy and Unhealthy Consumption", *Journal of Health Economics*, 20:613-638.
- [32] O. Hemstrom (1996), "Is Marriage Dissolution Linked to Differences in Mortality Risks for Men and Women?" *Journal of Marriage and the Family*, 58:336-378.
- [33] U. Hakkinen, M. Jarvelin, G. Rosenqvist, J. Laitinen, (2005), "Health, Schooling and Lifestyles: New Evidence from the Northern Finland Birth Cohort". National Research and Development Centre for Welfare and Health. Discussion Papers 3/2005
- [34] Y. Hu, B. Wolfe (2002), "Health Inequality between Black and White Women". Institute for Research on Poverty Discussion Paper no. 1251-02
- [35] D.S. Kenkel (1994), "The Demand for Preventive Medical Care", *Applied Economics*, 26: 313-325.
- [36] U. Kiiskinen (2003), "A Health Production Approach to the Economic Analysis of Health Promotion" Publications of the National Public Health Institute A 6 / 2003.
- [37] H. Luras (2001), "A Health Lifestyle: The Product of Opportunities and Preferences". Health Economics Research Programme at The University of Oslo HERO 2001:11.
- [38] G. Menahem, (2002), "An Explanatory test of the Demand for Safety Model: Relationships Between Health Status, Wealth and Risk Behavior". CREDES-CNRS.

- [39] J. M. Muurinen, (1982), "Demand for Health. A Generalized Grossman Model". *Journal of Health Economics*, 1(1):5–28.
- [40] M. Neidell (2004), "Air Pollution, Health, and Socio-Economic Status: the Effect of Outdoor Air Quality on Childhood Asthma". *Journal of Health Economics* 23, 1209-1236.
- [41] B. Ostro (1994), "Estimating the Health Effects of Air Pollutants: A Method with an Application to Jakarta". The World Bank Policy Research Department, Public Economic Division, Working Paper No.1301.
- [42] G. Picone, M. Uribe, and R. M. Wilson (1998). "The Effect of Uncertainty on the Demand for Medical Care, Health Capital and Wealth." *Journal of Health Economics* 17: 171 -85.
- [43] P. Ramful, X. Zhao (2004), "Demand for Marijuana, Cocaine and Heroin: A Multivariate Probit Approach", Department of Econometrics, Monash University, Melbourne, Australia
- [44] U. Schneider, B.S. Schneider (2006), "The effect of Education and Working Hours on Health: a Multivariate Probit Approach". Working Paper 05-06, Department of Law and Economics, Bayreuth University.
- [45] P. Zweifel, F. Breyer, (1997), *Health Economics*. Oxford University Press, USA.

6 Appendix

TABLE 1a: Description of the Variables

Variables Name	Variables Definition
ghealth	1 if current health is excellent, very good or good health, 0 otherwise
bloodpressure	1 if has high blood pressure, 0 otherwise
ac_limit	1 if has limited in any activities because of health problems, 0 otherwise
smoke	1 if is current smoker, 0 if does not smoke
alcohol	1 if is at risk for heavy drinking, 0 otherwise
diet	1 if consumes fruits/vegetables at least once per day, 0 otherwise
exercise	1 if participates in physical activity in the last 30 days, 0 otherwise
obese	1 if is at risk for overweight or obesity (BMI >25.0000), 0 otherwise
stress	1 if mental health (including stress) was not good, 0 otherwise
flushot	1 if has flu shot in the 12 months before the interview, 0 otherwise
hmo	1 if has health care coverage , 0 otherwise
element	1 if elementary school or Kindergarden, 0 otherwise
high_sch	1 if attend high school or high school graduate, 0 otherwise
collg	1 if attend college or college graduate, 0 otherwise
married	1 if married, 0 otherwise
divorce	1 if divorced, 0 otherwise
widow	1 if widow, 0 otherwise
seprd	1 if sepatated,0 otherwise
never_married	1 if never married, 0 otherwise
unmar_couple	1 if member of an unmarried couple, 0 otherwise

TABLE 1b: Description of the Variables

Variables Name	Variables Definition
unable	1 if unable to work, 0 otherwise
retd	1 if retired, 0 otherwise
stdnt	1 if student, 0 otherwise
home_make	1 if homemaker, 0 otherwise
out_work	1 if out of work, 0 otherwise
self_emp	1 if self-employed, 0 otherwise
employed	1 if employed, 0 otherwise
white	1 if White, 0 otherwise
black	1 if Black 0 otherwise
other_race	1 if other race, 0 otherwise
age	age in years
male	1 if male 0 otherwise
children	number of children less than 18 years of age living in household
nummen	number of men living in household
numwomen	number of women living in household
physhlth	1 if during the past 30 days physical health was not good, 0 otherwise
chronic_symp	1 if chronic joint symptoms for at least a month last year, 0 otherwise
co_aqi	maximum daily CO AQI

TABLE 2a: Summary Statistics

Variables	Means	St. Deviation
ghealth	0.8585386	0.3485324
bloodpressure	0.2572766	0.4371776
ac_limit	0.1508243	0.357914
smoke	0.2369225	0.4252376
alcohol	0.0457969	0.2090656
diet	0.9668227	0.1791175
exercise	0.7689803	0.4215279
obese	0.5513943	0.4974022
stress	0.2800733	0.4490805
flushot	0.3513128	0.4774291
hmo	0.9259108	0.2619426
element	0.0227967	0.1492699
high_sch	0.3671891	0.4820877
collg	0.3173214	0.4654811
married	0.5267657	0.4993339
divorce	0.1333198	0.3399546
widow	0.0995319	0.2994053
seprd	0.0236108	0.1518488
never_married	0.1996743	0.3997962
unmar_couple	0.0170975	0.129648

TABLE 2b: Summary Statistics

Variables	Means	St. Deviation
unable	0.0323631	0.1769806
retrd	0.1992673	0.39949
stdnt	0 .0317525	0.1753583
home_make	0 .066151	0.2485712
out_work	0 .0256462	0 .1580936
self_emp	0.0679829	0.2517422
employed	0.576837	0.4941111
white	0.6592713	0.4740025
black	0.0584164	0.2345531
other_race	0.2823122	0.4501703
age	46.83961	17.29575
male	0.427641	0.4947868
children	0.3812335	0.4857392
nummen	0.8966009	0.6767235
numwomen	1.007124	0.588079
co_aqi	57.07674	17.79441
physhlth	0.3002239	0.4584019
chronic_symp	0.2122939	0.4089734

TABLE 3a: Estimated Partial effects SAH- Activity Limitations Model¹³

	1) gheatlh	2) ac_limit	3) smoke	4) alcohol
smoke	-0.1206 (0.000)	0.1668 (0.000)		
alcohol	0.0520 (0.298)	-0.0297 (0.684)		
exercise	0.1297 (0.000)	-0.3268 (0.000)		
diet	0.0142 (0.801)	-0.0135 (0.888)		
obese	-0.1002 (0.000)	0.1166 (0.001)		
flu shot	-0.0771 (0.007)	0.0582 (0.135)		
stress	-0.1049 (0.002)	0.2952 (0.000)		
co_aqi	-0.0031(0.047)	0.003 (0.001)	-0.003 (0.000)	-0.0007 (0.474)
hmo	0.0794 (0.000)	0.0049(0.884)	-0.1567 (0.000)	0.0202 (0.667)
ac_limit	-0.2287 (0.000)			
element	-0.2242 (0.000)	0.0272(0.585)	-0.0085 (0.867)	0.0533 (0.539)
collg	0.0919 (0.000)	0.01 (0.631)	-0.1743 (0.000)	-0.0701 (0.015)
divorce			0.1296 (0.000)	0.1469(0.000)
widow			0.0589 (0.062)	-0.0736 (0.267)
seprd			0.1439 (0.001)	0.1803 (0.009)
never_married			0.0636 (0.004)	0.0814 (0.026)
unmar_couple			0.1362 (0.006)	0.1246 (0.119)
retld			-0.0998 (0.001)	0.0181 (0.719)
stdnt			-0.1753 (0.000)	0.0052 (0.274)
home_make			-0.018 (0.563)	-0.068 (0.274)
out_work			0.0907 (0.032)	0.0549 (0.433)
self_emp			0.0110 (0.711)	-0.0248 (0.636)
unable			0.2058 (0.000)	-0.1935 (0.048)
black	-0.0051(0.865)	-0.0003 (0.992)		
other race	-0.0657 (0.003)	-0.1099 (0.000)		
age	-0.0134 (0.000)	0.0099(0.000)	-0.0049(0.000)	-0.0043(0.010)
male	-0.0174 (0.248)	0.0336 (0.057)		
children			-0.0499 (0.084)	-0.0848 (0.034)
nummen			0.0438 (0.18)	0.0635 (0.007)
numwomen			-0.0288 (0.167)	0.0000 (0.820)
physhlth	-0.1805 (0.000)			
chronic_symp	-0.0963 (0.000)			

¹³p-values in parentheses.

TABLE 3b: Estimataated Partial effects SAH- Activity Limitations Model

	5) diet	6) exercise	7) flu shot	8) obese	9) stress
smoke					
alcohol					
exercise					
diet					
obese					
flu shot					
stress					
co_aqi	0.0008(0.626)	0.0029(0.001)	0.0043(0.000)	-0.0039(0.000)	-0.0089(0.000)
hmo	0.0559 (0.030)	0.0493(0.017)	0.121(0.000)	0.0053 (0.815)	-0.0549(0.040)
ac_limit					
element	0.0107 (0.866)	-0.1288 (0.001)	-0.2421(0.080)	-0.2351 (0.998)	-0.245 (0.895)
collg	0.0742 (0.000)	0.1030 (0.000)	-0.004 (0.787)	-0.0549 (0.000)	-0.0256 (0.105)
divorce	-0.0087(0.733)	-0.0129(0.482)	-0.0758 (0.001)	-0.0273(0.150)	0.0579 (0.009)
widow	-0.0197(0.668)	-0.0015 (0.946)	-0.0421 (0.122)	-0.0799 (0.001)	0.113 (0.000)
seprd	-0.0205 (0.721)	-0.0176 (0.636)	-0.0215 (0.642)	0.0633 (0.087)	0.0728 (0.097)
never_married	-0.1019 (0.000)	-0.0243 (0.182)	-0.0048 (0.822)	-0.0109 (0.539)	-0.0212 (0.329)
unmar_couple	-0.0369 (0.581)	0.07 (0.122)	-0.0364 (0.529)	-0.0372 (0.414)	0.133 (0.006)
retld	0.0924 (0.005)	0.0236 (0.246)	0.1216 (0.000)	0.0603 (0.007)	-0.0261 (0.367)
stdnt	0.0947 (0.030)	0.0736 (0.038)	0.0396 (0.341)	-0.0799 (0.026)	-0.0002 (0.996)
home_make	0.1047 (0.009)	0.0064 (0.782)	-0.0658 (0.030)	-0.0797 (0.001)	0.0339(0.225)
out_work	-0.0207 (0.666)	-0.0643 (0.080)	-0.0411 (0.378)	0.0339 (0.352)	0.1637 (0.000)
self_emp	0.0441 (0.217)	0.0516 (0.024)	-0.0989 (0.001)	0.0061 (0.794)	0.0093 (0.743)
unable	-0.0806 0.107)	-0.3121 (0.000)	0.0338 (0.408)	0.0738 (0.032)	0.286 (0.000)
black					
other race					
age	0.0024(0.416)	-0.0075(0.000)	0.0121(0.000)	0.0058(0.000)	-0.0107(0.000)
male					
children	0.01816 (0.798)	-0.0584 (0.126)	-0.1118 (0.000)	0.0693 (0.024)	0.0036 (0.900)
nummen	-0.0017 (0.968)	0.0683 (0.008)	-0.0455 (0.026)	0.0695 (0.001)	-0.035 (0.066)
numwomen	0.0339 (0.497)	-0.0213 (0.437)	0.0056 (0.792)	-0.0252 (0.253)	0.0394 (0.060)
physhlth					
chronic_symp					

TABLE 4a: Estimated Partial Effects of SAH- Blood Pressure Model¹⁴

	1)gheatlh	2) blood pressure	3) smoke	4)alcohol
smoke	-0.1478 (0.000)	-0.0313 (0.434)		
alcohol	0.0644 (0.182)	0.1405 (0.040)		
exercise	0.1381 (0.000)	-0.0766 (0.060)		
diet	0.0072 (0.900)	0.101 (0.192)		
obese	-0.0896 (0.001)	0.2155 (0.000)		
flu_shot	-0.0672 (0.020)	0.1545 (0.000)		
stress	-0.1095 (0.001)	0.0977(0.007)		
co_aqi	-0.004 (0.012)	0.0003 (0.974)	-0.003 (0.000)	-0.0007 (0.470)
hmo	0.0767 (0.000)	-0.0078 (0.816)	-0.1576 (0.000)	0.0187 (0.690)
bloodpressure	-0.0947 (0.003)			
element	-0.2171 (0.000)	0.0455 (0.331)	-0.0040 (0.938)	0.0555 (0.521)
collg	0.0849 (0.000)	-0.0694 (0.000)	-0.1760 (0.000)	-0.071 (0.014)
divorce			0.1259 (0.000)	0.1446 (0.000)
widow			0.0602 (0.058)	-0.0742 (0.264)
seprd			0.1415 (0.001)	0.1811 (0.008)
never_married			0.062 (0.005)	0.0803 (0.028)
unmar_couple			0.1362 (0.006)	0.1297 (0.104)
retld			-0.1086 (0.000)	0.0125 (0.803)
stdnt			-0.1798 (0.000)	-0.0772 (0.260)
home_make			-0.0183 (0.560)	-0.0686 (0.262)
out_work			0.0821 (0.053)	0.051 (0.466)
self_emp			0.0089 (0.767)	-0.0253 (0.628)
unable			0.1736 (0.000)	-0.2044 (0.031)
black	0.0081(0.784)	0.1206 (0.000)		
other race	-0.041(0.048)	0.0241 (0.270)		
age	-0.0126 (0.000)	0.0185 (0.000)	-0.0048 (0.000)	-0.0042 (0.012)
male	-0.0263 (0.080)	0.02 (0.212)		
children			-0.0544 (0.059)	-0.0845 (0.034)
nummen			0.045 (0.016)	0.0649 (0.006)
numwomen			-0.0271 (0.194)	0.0000 (0.830)
physhlth	-0.2202 (0.000)			
chronic_symp	-0.1656 (0.000)			

¹⁴p-values in parentheses.

TABLE 4b: Estimated Partial Effects of SAH- Blood Pressure Model

	5)diet	6)exercise	7) flu shot	8) obese	9) stres
smoke					
alcohol					
exercise					
diet					
obese					
flu shot					
stress					
co_aqi	0.0009 (0.596)	0.0029(0.001)	0.0044 (0.000)	-0.0039 (0.000)	-0.0089 (0.000)
hmo	0.0566 (0.027)	0.0526 (0.011)	0.1179 (0.000)	0.0042 (0.853)	-0.0583(0.030)
hgbloodpress					
element	0.0084 (0.895)	-0.139 (0.000)	-0.2357 (0.078)	-0.2284 (0.947)	-0.2383 (0.760)
collg	0.0753 (0.000)	0.1046 (0.000)	-0.0042 (0.775)	-0.0557 (0.000)	-0.0373 (0.086)
divorce	-0.0057 (0.847)	-0.0049 (0.790)	-0.0779 (0.001)	-0.0297 (0.117)	0.0506 (0.024)
widow	-0.0232 (0.615)	-0.0016 (0.994)	-0.0415 (0.125)	-0.0797 (0.001)	0.1167 (0.000)
seprd	-0.0127 (0.824)	-0.0141 (0.710)	-0.019 (0.680)	0.0632 (0.088)	0.0686 (0.123)
never_married	-0.1048 (0.000)	-0.0238 (0.197)	-0.0083 (0.694)	-0.0122 (0.494)	-0.0238(0.279)
unmar_couple	-0.0276 (0.677)	0.0663 (0.149)	-0.0306 (0.597)	-0.0345 (0.450)	0.1357 (0.006)
retld	0.0948 (0.004)	0.0387 (0.053)	0.1167 (0.000)	-0.657 (0.003)	-0.0418 (0.152)
stdnt	0.095 (0.028)	0.079 (0.026)	0.0383 (0.356)	-0.0826 (0.022)	-0.0077 (0.849)
home_make	0.1027 (0.010)	-0.0053 (0.822)	-0.0656 (0.029)	-0.0797 (0.001)	0.0339 (0.231)
out_work	-0.0107 (0.820)	-0.0437 (0.233)	-0.045 (0.331)	0.0284 (0.436)	0.1505 (0.000)
self_emp	0.0443 (0.215)	0.0528 (0.022)	-0.1027 (0.001)	0.0042 (0.858)	0.0057 (0.843)
unable	-0.0428 (0.322)	-0.2236 (0.000)	0.0336 (0.378)	0.0583 (0.076)	0.2464 (0.000)
black					
other race					
age	0.0024 (0.430)	-0.008 (0.000)	0.0123 (0.000)	0.006 (0.000)	-0.0106 (0.000)
male					
children	0.0273 (0.698)	-0.0463 (0.231)	-0.1112 (0.000)	0.0670 (0.000)	-0.0049 (0.864)
nummen	-0.004 (0.927)	0.0652 (0.012)	-0.044 (0.030)	0.0711 (0.001)	-0.0327 (0.088)
numwomen	0.3 (0.546)	-0.2468 (0.375)	0.0069 (0.745)	-0.0235 (0.745)	0.0425 (0.044)
physhlth					
chronic_symp					

TABLE 5: Estimated Correlation Coefficients SAH-Activity Limitations Model¹⁵

correlation	coefficients
rho31	0.1249 (0.0019)
rho32	-0.1784 (0.004)
rho52	0.3249 (0.000)
rho92	-0.2795 (0.000)
rho43	0.2763 (0.000)
rho53	-0.1086 (0.014)
rho63	-0.1113 (0.000)
rho73	-0.1206 (0.000)
rho83	-0.0755 (0.000)
rho93	0.0762 (0.000)
rho74	-0.73 (0.022)
rho94	0.917 (0.007)
rho56	0.2488 (0.000)
rho76	0.0716(0.005)
rho86	-0.0656 (0.005)
rho96	-0.745(0.004)
rho97	-0.0511(0.044)

¹⁵p-values in parentheses.

TABLE 6: Estimated Correlation Coefficients SAH-Blood Pressure Model¹⁶

correlation	coefficients
rho31	0.1408 (0.008)
rho51	-0.1088 (0.043)
rho72	-0.1758 (0.004)
rho43	0.2838 (0.000)
rho53	-0.1705 (0.000)
rho63	-0.1057 (0.000)
rho73	-0.1299 (0.000)
rho83	-0.081 (0.000)
rho93	0.0734 (0.004)
rho74	-0.0772 (0.019)
rho94	0.0878 (0.007)
rho56	0.2505 (0.000)
rho76	0.0779 (0.002)
rho86	-0.0618 (0.008)
rho96	-0.0606 (0.018)
rho98	-0.0517 (0.041)

¹⁶p-values in parentheses.